

Sacred Heart Cathedral

Dress Code 2022-2023

SECTION 6: PERSONAL APPEARANCE

Sacred Heart Cathedral recognizes that a student's appearance impacts his or her attitude and behavior. Our standards for personal appearance are designed to foster/develop respect for the school community and for students themselves, and to teach students that different types of dress are appropriate for different settings. The Dress Code has been established so students understand that their manner of dress should be appropriate to the nature of academic study and to the Lasallian Vincentian Catholic values of self-respect, intrinsic dignity of each individual, respect for the community, propriety, and unity. Attending Sacred Heart Cathedral is a choice and a privilege. The school expects its students to conform to its dress code and parents to support the dress code. Final determination for any personal appearance issues in terms of what constitutes appropriate, inappropriate, in good taste, and the like, will be at the sole discretion of the Deans of Students or other school administrators. For matters of appearance not listed, students should consult with the Deans of Students regarding appropriateness. Any article of clothing or accessory that features an inappropriate picture, symbol or slogan (e.g., references to alcoholic sponsorships) may not be worn on campus. Dress code regulations are in effect during the entire school day, including collaboration periods and lunch.

6-1. GENERAL CLOTHING REQUIREMENTS

From the time a student enters the campus until the end of the school day, it is the student's responsibility to be in dress code. The dress code may be amended at any time during the school year as deemed necessary by the administration.

We expect our students to adhere to the following guidelines:

- All clothing must be neat, clean, and free from tears, cuts, and holes.
- Shirts and pants should fit comfortably without being excessively tight (form-fitting) or baggy.
- Head-coverings, including hats, beanies, beanie caps, scarves, do-rags, or bandanas, may not be worn on the school campus during the school day.
- The Deans will inform students of any variations to the dress code, such as special dress days, via their school email and Schoology.

Students in violation of the dress code will be assigned detention. Ongoing dress code violations may result in suspension.

6-2. GUIDELINES FOR ALL STUDENTS REGULAR DRESS

Shirts: A solid colored polo shirt or a solid colored full button up shirt, buttoned up appropriately. (SHC polos from the SHC Prep Shop or online or polos through SHC clubs/teams are encouraged).

Outerwear (Jacket, Sweater, Sweatshirt): All outerwear is considered part of the SHC Dress Code. The only sweaters, sweatshirts, and jackets to be worn during the school day must be

SHC outerwear purchased at the Irish Prep Shop (online or on-campus), or as part of authorized spirit wear representing an official SHC co-curricular program.

All outerwear must be zipped or buttoned up appropriately. A student who is wearing SHC outerwear and does NOT take off the outerwear or leave it unzipped or unbuttoned, does not need to wear a polo.

Pants: Pants must be full length, solid colored, neat and properly fitted. Stitching on all pants should be the same color as the pants' material. Pants with holes or are distressed and pants that are cut or frayed at the bottom or waistline are not allowed. Pants must not be blue denim, camouflage, or fatigues. Sweats, leggings, flared leggings, athletic warm-ups are also not allowed.

Shorts: Shorts may be worn on all regular school days. Shorts should be walking length (not shorter than two inches from the middle of the knee), solid-colored, completely opaque, neat and properly fitted.

School Skirt: The length must be mid thigh and no shorter. Solid weave nylons or tights may be worn with a school skirt that meets length requirements. The dress code skirt in plaid, navy blue or khaki must be purchased at the school's uniform company, Dennis Uniform Company. Skirts other than the school skirt are not allowed.

Shoes: Shoes must be closed toed, have a back strap and be no more than 2 inches in height.

Accessories/Jewelry/Tattoos: Only a single nostril piercing with a small stud is allowed. Jewelry must be appropriately sized, tasteful, and not distracting. Visible tattoos are not allowed and must be covered. When participating in athletics, student athletes must keep all tattoos covered at all times or they will not be allowed to compete.

Rain: When it is raining, students may wear protective SHC or non-SHC rain gear (e.g. raincoat) when passing between campuses. Such rain apparel must be removed when entering the building or when arriving at the destination (classroom, dining hall, library, etc.)

Hair: A student's hair should be clean and neatly combed and/or styled. Students must maintain natural hair color. Inappropriate hairstyles are up to the discretion of the Deans. A student who is in violation of this policy will be asked to make necessary changes within a certain time frame or will otherwise be required to attend detention. Parents will be informed as well.

Shaving: Students must be neatly groomed. The final determination if someone meets this expectation will be at the judgment and discretion of the Deans.

6-3. MODIFIED DRESS DAY

There are certain days during the year when students are allowed "modified" dress. These days usually revolve around spirit-building events such as a rally or the Walkathon. The Deans of Students will notify students of modified dress days through email and Schoology, and will outline specifics for students. Students may wear the regular dress-code attire these days.

General guidelines:

- Jeans and sweatpants are allowed.
- Shorts are allowed as long as they meet the guidelines for regular dress days.
- Tops/shirts must conform to the description/theme outlined by the Deans of Students for the particular day.

6-4. DRESS UP DAY ATTIRE

(For community events or special occasions, such as Mass) In keeping with learning about appropriate dress and respect for certain events and occasions, Sacred Heart Cathedral will have dress-up days. These days will be announced in advance and students will be expected to adjust to the special guidelines of the day.

Students are required to wear the following:

- A button up shirt, white or light blue (NOT a polo)
- Required SHC $\frac{3}{4}$ zip or full zip (insert image and/or link)
 - Varsity jackets, School jacket
 - Must be green and may not have a hood
- Black or Khaki pants ONLY