



December 2020

SHC Community Health Pledge

In accordance with the directive issued by the San Francisco Department of Public Health on October 6th (quoted at the conclusion of this document), all members who are having their children participate in on-site, in-person learning are asked to commit to the following Health Pledge. Each family will be asked to complete this prior to sending their child(ren) to campus for in-person learning.

As a member of the SHC community, I understand the risks associated with being on campus at SHC for academics and other activities. To keep myself, my family, my peers and all members of the SHC community safe, I pledge to:

- A. Protect myself and others with mask-wearing, physical distancing, handwashing, and strict hygiene in and outside of school.
- B. Limit exposure by avoiding high-risk behaviors and large gatherings or situations in which people are not observing recommended behaviors, such as wearing masks and practicing physical distancing.
- C. Avoid higher-risk travel outside the Bay Area
 - a. Higher-risk travel includes situations involving interactions within 6 ft of individuals outside of their household if they or those around them are not wearing masks at all times, especially indoors or in large groups (e.g., air travel)
 - b. If higher-risk travel is unavoidable, please inform the school and, upon return to the Bay Area, the traveler(s) should undergo a 14-day quarantine per CDC and SFDPH recommendations.
- D. Observe routine medical practices, e.g., annual checkups, immunizations, and flu vaccines
- E. Read all school communications to stay informed about health and safety updates or responses to COVID-19.
- F. Respond to messages from school staff who may be checking on my well-being or otherwise need my assistance.

Once campus is reopened, in addition to items above

- Stay home when you, or any member of your household, are sick or experiencing COVID-19 symptoms.
- Conscientiously conduct the daily health screen via Ruvna.
- Notify SHC regarding sick household members or if any household members have had close contact (less than 6 ft for more than 15 min) with someone who has tested positive for COVID-19.
- Notify the school and undergo testing if you suspect your child or a household member has COVID-19 and await test results from home.

Specifically from SFDPH 2020-33b (Oct 6, 2020)

Parents acknowledge and agree to the school’s practice that if any student has symptoms of COVID-19, the school will send that student home. The student will not be allowed to return to the school until the relevant criteria set forth in SFDPH’s “Quick Guide for Schools, Childcares, and Programs for Children and Youth” are satisfied. It is strongly recommended that the student be tested as soon as possible for COVID-19.

Parents/guardians are required to inform the school immediately (within one hour of learning of the test result) if their child tests positive or has an inconclusive test result and to provide documentation of the positive or inconclusive result within 48 hours. (7.b.ii)

Parents understand and accept that the school must share information about testing with the SFDPH. Such information may include and is not limited to information about attendance, contact information, and health information. The disclosure of any confidential information is limited to the minimum necessary for public health purposes as determined by SFDPH, and any such information that is confidential must be protected by SFDPH as required by law. (7.c.i)

I have read, understand, and agree to comply with all aspects of this SHC Community Health Pledge. I further understand that I am subject to all policies in the [Sacred Heart Cathedral Student and Family Handbook](#) as they relate to these expectations for my behavior.

Each child that attends SHC in your family will need to sign and print their name below.

Student Signature

Student name, printed

Student Signature

Student name, printed

Student Signature

Student name, printed

Parent/Guardian Signature

Parent/Guardian name, printed

DATE